**Flow Chart to Aid Emergency Contraception Decision Making**

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| **Abbreviations:**  **EC** – Emergency Contraception  **LNG 1500** – Levonorgestrel 1500mcg  **UPA 30mgs** – Ulipristal Acetate 30mg  **Cu IUD** – Copper containing intra-uterine device  **UPSI** – Unprotected Sexual Intercourse (including advise for missed pill use)  **LNMP** – Last Normal Menstrual Period  **EEO** – Earliest Expected Ovulation |

Previous UPSI/use of EC since LNMP

**Woman presents for emergency contraception**

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| Check concomitant medication:  If using PPIs or antacid within previous 24 hours – use LNG 1500 instead of UPA 30mg at all times |

No

Yes

**Assess risk of pregnancy**

?needs pregnancy test

?repeat EC in her best interest

?IUD still an option (EEO+5)

Between 72 and 120 hours since UPSI

<72 hours since UPSI

**Midcycle**

≥day 12 or ≤day 15

(of 28 day cycle)

**Early/late in cycle**

<11 or >16

(of 28 day cycle)

UPA 30mgs

UPA 30mgs

LNG 1500

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| **Refer to GP or CASH Clinic to ‘quick start’ future contraception** |

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| **Offer Cu-IUD to all –** unless contraindications  **If Client considers Cu-IUD** – refer to CASH  Tel: 0300 7900 165 |

References: FSRH Clinical Guidance Emergency Contraception 2011 (updated 2012) <http://www.fsrh.org/pdfs/CEUguidanceEmergencyContraception11.pdf>

Prabakar I (2012) Emergency Contraception BMJ 2012; 344:e1492doi:10.1136/bmj.e1492.

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