

LEARN 4WORK



course guide

Foundation Learning



Welcome

Learn4Work is a work based training provider and is part of the Enterprise and Skills Department.

Learn4Work

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We have been delivering specialist training programmes and qualifications for 12 years and have a reputation for delivering a quality service. We offer a range of different work based learning opportunities, from entry level to NVQ level 3.



Sam Heath

“Everyday we did some form of sport ranging from football to handball. During the course I had the best fitness level of my life, made some new friends and had a lot of fun”

**LEARN
4WORK**

Call 01782 234435

Our Vision:
to develop a locally skilled and well educated community contributing positively to the economy

Mission

To provide high quality opportunities that enrich local people's lives and improve their skills, knowledge and job prospects.

Information, Advice and Guidance

Our Aim is...

To provide clear, concise, independent and impartial information advice and guidance to all, in a professional, friendly, helpful and timely manner to enable people to make informed decisions.

Information advice and guidance (IAG) is available to help and support you with both learning and personal issues. These include

- Qualifications available for you
- Courses available.
- Planning your career pathways and progression routes
- Personal issues that affect your daily life.

Ask for information in a different format which best suites your individual needs.

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Sports and Leisure - Foundation Learning

This programme is aimed at young people aged 16-19 who are looking for a step into employment by providing them with a number of sports specific qualifications

Entry requirements

- A real interest in sports and leisure
- Willingness to learn

What will I be doing?

- Taking part in training tailored to suit your needs
- Working 24 – 30 hours over five days
- Completing relevant course work and qualifications
- Gaining skills in leading sports activities
- Improving your own fitness and motivation
- Having experience of real work placements
- Developing personal and social skills
- Improving your own functional skills including English, Math's and IT

What qualifications will I achieve?

- 1st4Sport Level 1 NVQ Award in Sport and Active Leisure
- 1st4Sport Level 1 Award in the Principles of Coaching
- City and Guilds- Functional Skills in Literacy
- City and Guilds - Functional Skills in Mathematics
- City and Guilds - Functional Skills in ICT
- 1 Day Emergency 1st Aid at Work Qualification

Where to next?

The Foundation Learning Programme gives you the confidence and skills to progress into an Apprenticeship, secure a job, or return to further education.

Business Administration - Foundation Learning

This programme is aimed at young people aged 16-19 who are looking for a step into employment by providing them with a number of business administration specific qualifications

Entry requirements

- A real interest in business and administration
- Willingness to learn

What will I be doing?

- Taking part in training tailored to suit your needs
- Working 24 – 30 hours over five days
- Completing relevant course work and qualifications
- Gaining skills in business administration
- Having experience of real work placements
- Developing personal and social skills
- Improving your own Functional Skills including English, Math's and IT

What qualifications will I achieve?

- City and Guilds Level 1 NVQ Award in Business Administration
- City and Guilds Level 1 Award in Business Administration
- City and Guilds- Functional skills in Literacy
- City and Guilds - Functional skills in Mathematics
- City and Guilds - Functional skills in ICT
- 1 Day Emergency 1st Aid at Work Qualification

Where to next?

The Foundation Learning Programme gives you the confidence and skills to progress into an Apprenticeship, secure a job, or return to further education.

Employability - Foundation Learning

This programme is aimed at young people aged 16-19 who are looking to take a step into employment by providing them with a number of qualifications

Entry requirements

- Willingness to learn

What will I be doing?

- Taking part in training tailored to suit your needs
- Working 24 – 30 hours over five days
- Completing relevant course work and qualifications
- Improving your own fitness and motivation
- Having experience of real work placements
- Developing personal and social skills
- Improving your own functional skills including English, Maths and IT

What qualifications will I achieve?

- City and Guilds - Functional skills in Literacy
- City and Guilds - Functional skills in Mathematics
- City and Guilds - Functional skills in ICT
- 1 Day Emergency First Aid at Work Qualification
- City and Guilds - Employability and Personal Development
- City and Guilds - Personal and Social Development

Where to next?

The Foundation learning programme gives you the confidence and skills to progress into an Apprenticeship, secure a job or return to further education

CASE STUDY

Jake King



“This programme helped me achieve my aspirations as I qualified as a fitness instructor, as well as gaining a lot of qualifications and experience”

I first heard about Learn4Work via an advertisement in ‘The Sentinel’. I had thought about a career in the fitness industry before but didn’t have the experience to make a start.

I had always aspired to become a Fitness Instructor and then with experience progress onto becoming a Personal Trainer. However, I never believed it would be possible because there are hundreds of fitness courses advertised but, without experience it’s extremely difficult to gain employment.

The first programme that I enrolled onto was the ‘Advantage Sport’ programme. This was a foundation level course which enabled me to gain a level one NVQ and gain experience within the fitness industry. This involved three days within a class room environment and a two day work placement.

I then progressed onto the apprenticeship scheme delivered by Learn4Work. This involved working within a fitness centre for four days a week and one day within a class room environment.

This programme helped me achieve my aspirations as I qualified as a fitness instructor, as well as gaining a lot of qualifications and experience.

The two programmes together have helped me tremendously. Before I started the programmes I had very few qualifications, lacked industry experience and lacked confidence.

With the support of Learn4Work and placement mentors I have developed both professionally and as a person. I now have a lot more confidence, more qualifications and key industry experience.

I’m currently nearing the end of the level three apprenticeship in exercise and fitness, and becoming a personal trainer is in sight.

I would most definitely recommend Learn4Work to anyone who has an interest in sport and leisure.

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